

People's Paste    Botanical Ingredients: Organic myrrh, slippery elm bark, Goldenseal.

This powder is to be mixed with enough raw pure honey so as to make a thick spreadable paste. The paste is spread over cuts and punctures and then let dry to form a "scab". You will find that Slippery Elm creates its own bandage. You can apply a band aide over this to keep the dry from falling off or to protect from moisture and reforming a goop.

At least once a day, the dried people's paste over your wound needs to be thoroughly reconstituted and removed with a small amount of body temperature water, and very gentle rubbing. Then, reapply the paste. Keep the paste over the wound until well, skin will be formed new and whole in place of the cut or scrape.

All of these ingredients contain antimicrobial properties, and aid in tissue repair. They are effective with drawing out infection and preventing infection from a wound, so it is vitally important to daily reapply the paste until healed.

People's paste can be pre-mixed for convenient usage in emergency, or mixed as needed. If kept for a period of time, mixed, it can become dried and hard so just add a little more honey or pure water. Keep in a cold place out of light and with a sealing lid.